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<b>(54) Title:</b> METHOD OF TREATING AND DIAGNOSING RESTLESS LEGS SYNDROME AND CORRESPONDING MEANS  <b>(57) Abstract</b>  A method for treating or preventing the Restless Legs Syndrome (RLS) and/or the Periodic Limb Movements During Sleep (PLMS) comprises administration of a choline esterase inhibitor (CEI) and, optionally, carbamazepine, clonidine, baclofen, hypnotic agent, opioid agonist, and dopaminergic agonist. Administration precedes the onset of sleep at night by from zero to three hours so as to make the CEI exert a therapeutic effect during a major portion of the sleep period. Also disclosed are corresponding pharmaceutical compositions and their use, including compositions comprising a combination of CEI with carbamazepine, clonidine, baclofen, hypnotic agent, opioid agonist, and dopaminergic agonist.		

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METHOD OF TREATING AND DIAGNOSING RESTLESS LEGS SYNDROME AND  
CORRESPONDING MEANS.

FIELD OF THE INVENTION

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The present invention relates to a method of treating and  
diagnosing Restless Legs Syndrome, including Periodic Limb  
Movements During Sleep, and to a means for carrying out the  
method.

10

BACKGROUND OF THE INVENTION

The Restless Legs Syndrome (RLS) can be described as  
irresistible leg movements that are often accompanied by  
15 creeping sensations deep in the limbs. Occasionally the  
upper limbs may also be affected. For RLS patients bedtime  
is particularly associated with the syndrome because rest,  
particularly lying down in bed, is associated with increased  
dysesthesia and irresistible leg movements that interfere  
20 with sleep onset. Many patients also experience severe  
paresthesia on awakening in the middle of the night. When  
symptoms occur, patients move their legs vigorously,  
flexing, stretching and crossing them one over the other.  
Often, patients have to get out of bed several times at  
25 night and they use various means to relieve themselves of  
their uncomfortable sensations, such as rubbing, squeezing,  
or stroking the limb and walking. Several factors are known  
to modulate the manifestation of RLS including pregnancy,  
fatigue, very warm environments, prolonged exposure to cold,  
30 intake of caffeinated drinks, and smoking. The prevalence of  
RLS has been estimated to 5% or more of the general  
population.

A great majority of patients with RLS also experience stereotype repetitive movements once they are asleep, a condition known as Periodic Limb Movements During Sleep (PLMS). However, PLMS also represents a nosological entity distinct from RLS in that many patients with PLMS do not have the other features of RLS. PLMS is best described as rhythmic motor activity during sleep, more frequently occurring in the lower extremities, and less frequently in the upper ones. Each movement typically lasts for approximately 0.5 to 5 seconds with a frequency of about one every 20 to 40 seconds. PLMS clusters last several minutes or even hours. In general, these episodic clusters are more numerous in the first half of the night, but they can recur during the entire sleep period. Intense movements may cause arousal that, if repetitive, can lead to non-restorative sleep and excessive daytime sleepiness. However, mild PLMS can occur without concomitant nocturnal sleep disruption. PLMS is rare in young individuals, but relatively common in the elderly. It was found in 5% of normal subjects between 30 and 50 years of age, 29 per cent of subjects between 50 years and 65 years, and nearly 44 per cent of subjects aged 65 years and older. PLMS is accompanied by a wide variety of sleep-wake complaints including early sleep onset difficulties, nocturnal awakenings and daytime sleepiness. PLMS also occurs in a range of sleep disorders including narcolepsy, central and obstructive sleep apnea syndrome and rapid eye movement (REM) sleep behavior disorder. RLS/PLMS has also been related to several other conditions including myelopathies and peripheral neuropathies associated or not with amyloidosis, diabetes mellitus, anemia, uremia, chronic lung disease, leukemia, rheumatoid arthritis, fibromyositis as well as with several rare neurological conditions. Finally, pharmacological agents such as tricyclic antidepressants and lithium carbonate may induce the

disorder as does withdrawal of a variety of drugs such as anticonvulsants, benzodiazepines, barbiturates and other hypnotics.

- 5 RLS and PLMS are typically diagnosed by polysomnographic evaluation although clinical history may be helpful for guidance. Standardized tests such as the Suggested Immobilization Test and the Forced Immobilization Test have been used to quantify RLS.
- 10 To date, several observations suggest that RLS and PLMS are two clinical manifestations of the same central nervous system dysfunction. However, the exact pathophysiological mechanism remains unknown. The remarkable periodicity of leg
- 15 movements suggests the presence of an underlying central nervous system pacemaker, possibly at a subcortical location and regulated by rhythmic fluctuations of reticular excitability at an unknown brainstem level. Some publications seem to indicate that signs of EEG arousal
- 20 often precede EMG-defined motor activity in RLS/PLMS patients. It was suggested that these arousal stimuli trigger EEG alpha activity and leg movements in these patients due to the presence of a lower arousal threshold.
- 25 The principal agents described and evaluated for treatment of RLS/PLMS are carbamazepine, the adrenergic agonist clonidine, the  $\gamma$ -aminobutyric acid agonist baclofen, several benzodiazepines including clonazepam, nitrazepam, lorazepam and temazepam, opioid agonists and dopamine agonists. The
- 30 effect of carbamazepine, clonidine and baclofen were not uniformly documented in all studies but were generally accompanied by a variety of clinically important side effects. Subsequent studies of benzodiazepines have shown a reduction of the number of arousals and awakenings

associated with leg jerks, but the number of movements and the PLMS index remained high, suggesting that, whereas sleep may be improved, the actual disease is not affected.

Although opiates are potent suppressors of RLS and PLMS the  
5 risk for abuse and the danger of addiction limit their clinical use considerably. Both L-dopa and the dopamine receptor agonist bromocriptine were shown to be effective in treating RLS/PLMS when administered shortly before bedtime. The major limitations with these agents relate to efficacy  
10 in some patients, since their duration of action is usually to short to effectively cover the whole night. Another potential limitation is the long term adverse effects which may include augmentation of symptoms, arrhythmias, gastrointestinal side effects, psychiatric side effects and  
15 hyperkinesia similar to what has been shown in patients with Parkinson's disease treated with L-dopa.

#### OBJECTS OF THE INVENTION

20 As evident from the preceding description of the state of the art, there is a need for an improved method for treating RLS/PLMS. In particular, a new pharmacological treatment of these disorders would offer a definite advantage in front of the methods used at present, many of which provide  
25 insufficient relief and some of which are associated with potentially severe side effects and limitations.

One object of the present invention thus is to provide a method for the treatment of RLS/PLMS which reduces and/or  
30 eliminates some or all of the drawbacks of the methods known in art.

Another object of the present invention is to provide means for carrying out the inventive method.

A further object of the present invention is the application of the inventive method as a diagnostic tool for detecting the presence of RLS and/or PLMS in a patient.

5

Further objects of the invention are evident from the following description of the invention and the appended claims.

## 10 SUMMARY OF THE INVENTION

According to the present invention is provided a method for treating and preventing RLS/PLMS, comprising the administration of a pharmacologically active amount of an agent having an inhibitory effect on acetylcholine esterase, that is, an acetylcholine esterase inhibitor. For the sake of simplicity, acetylcholine esterase inhibitors will be referred to as choline esterase inhibitors (CEI) in the present application.

20

For many years CEI have been used in medicine for the treatment of a number of diseases but not for the treatment of RLS/PLMS. The known use of CEI has resulted in the gathering of substantial clinical experience specific to CEI. Known medical indications in which CEI are or have occasionally been used as medicines include intestinal and bladder atonia and myasthenia gravis. In addition, CEI of various structure are widely employed as antidotes to clinically used muscle relaxant agents, in particular curare. For a recent survey in respect of known therapeutic uses of CEI, see: P Taylor, *Anticholinesterase Agents*, in Goodman and Gilman's *The Pharmacological Basis of Therapeutics*, 8th Ed., Pergamon Press, New York etc., 1990.

30

The positive effect of CEI in the treatment of RLS/PLMS may be due to an enhancement of cholinergic transmission in the nervous system which causes the threshold for periodic stimuli impinging in the cerebral cortex to increase, thereby reducing the amount of bursts of alpha activity and leg movements or a modified central nervous processing of afferent/efferent impulses. While this hypothesis provides a scientifically attractive explanation of the observed effect, it should be emphasized that it must not be considered to be binding in any way on the concept and the working of the present invention. Central nervous acetylcholinergic mechanisms are intimately involved in the regulation of wakefulness and sleep. Particularly interesting anatomic structures containing cholinergic nerve cells include the dorsal pontine tegmentum, the thalamus, the cerebral cortex and the hippocampus (see Tononi and Pompeiano, Pharmacology of the Cholinergic System. In: *The Pharmacology of Sleep*, Ed. A. Kales, Springer Verlag, Berlin 1995, pp 143-210). In humans, systemic administration of CEI can produce an increase in REM sleep and a shortening of the latency from sleep onset to the first episode of REM sleep. Infusion of the CEI physostigmine was also shown to reduce sedation and induce arousal in the postoperative phase in patients exposed to major surgical intervention. The effect of CEI on central motor control is less well characterized. However, previously published data suggest that natural REM sleep, similar to that seen after cholinergic activation, is associated with a lower frequency of myoclonic jerks in patients with PLMS. An attractive hypothesis for the observed effect of said CEI may therefore be that the central nervous control of motor activity is modified in REM sleep, and that this modification may be reinforced or mimicked by the CEI. An effective amount of a CEI (or a combination of several CEI) is one that eliminates or



substantially reduces manifestations of RLS/PLMS over a period of sleep, such as sleep periods of from 10 minutes to 10 hours.

- 5 Many agents inhibiting the effect of choline esterase are known in the art. Their chemical structure may vary considerably. CEI particularly useful in the invention include synstigmine, neostigmine, physostigmine, pyridostigmine, ambenon (ambenonium), distigmine, 10 demecarium, edrophonium, tacrine (9-amino-1,2,3,4-tetrahydroacridine), metrifonate, ecothiopate, eptastigmine, tetrahydrobenzazepine and its alkylcarbamate derivatives, amiridine, linopidine, ENA-713 (rivastigmine, a proprietary drug of Sandoz AG in clinical study for the treatment of 15 Alzheimers disease), velnacrine (a compound in clinical study for the treatment of Alzheimer's disease), Cl-INH (a regulatory glucoprotein having CEI activity), thiabendazole, mitezol, 3,4-diaminopyridine, eseridine, galantamine, including pharmaceutically acceptable salts of those in the 20 aforementioned compounds which are able to form salts with organic or inorganic acids. The aforementioned compounds are fully described in the literature; see, for instance: *Therapeutic Drugs*, C Dollery, Ed., Churchill Livingstone, Edinburgh etc., 1991, and references cited therein. In this 25 publication, which is hereby incorporated by reference, pharmaceutical compositions useful in the invention are described for a number of CEI. Other CEI useful in the invention include idebenone, besipiridine, and 2,2-dichlorovinyl dimethyl phosphate (DVDP).

30

Since the choline esterase inhibiting effect of the compounds of the invention, except for non-ionic compounds, usually resides in the nitrogen base part of the agent, the expert in the art will recognize that the desired

pharmacological effect will be retained as long as the structure of the nitrogen base remains essentially unchanged. It is thus possible to combine various

pharmacologically acceptable acids of said bases to obtain  
5 CEI agents having desirable properties from a pharmaceutical formulation standpoint, such as salts being only slightly soluble in aqueous solutions which may be of particular interest in the manufacture of controlled release CEI-preparations.

10

The CEI mixture of such inhibitors is advantageously formulated in a way appropriate to the chosen administration route. The CEI or mixture of such inhibitors may be administered by various routes. The most preferred route is  
15 by peroral administration. In this context the compound of the invention is incorporated in tablets, lozenges, capsules or similar, in particular solid pharmaceutical preparations designed for preferred uptake of the compound through the oral mucosa. Also preferred is absorption within the oral  
20 cavity such as sublingual absorption and, consequently, pharmaceutical compositions adapted to such absorption are of particular interest.

Knowledge about clinical pharmacokinetics of CEI (see, for  
25 instance: P Hartvig et al., *Clinical Pharmacokinetics of Acetylcholinesterase Inhibitors*, in *Progress in Brain Research*, 84 (1990), 139-14, including secondary references; S-M Aquilonius et al., *Pharmacokinetics and Oral Bioavailability of Pyridostigmine in Man*, *Eur. J. Clin. Pharmacol.* 18 (1980) 423-428 is useful in designing CEI  
30 preparations for administration to a patient. For this purpose formulation techniques known in the art may be used; in this context reference is made to *Pharmaceutical Dosage Forms: Tablets*. Vol. 1-3, H A Lieberman et al., Eds. Marcel

Dekker, New York and Basel, 1989-1990, which hereby is incorporated into this application by reference. In particular specific reference is made to chapter 7 (*Special Tablets*, by J W Conine and M J Pikal), chapter 8 (*Chewable Tablets*, by R W Mendes, O A Anaebonam and J B Daruwala), and  
5 chapter 9 (*Medicated Lozenges*; by D Peters). Most CEI are salts of quaternary amines or tertiary amines which may form salts with appropriate organic or inorganic acids. In respect of their incorporation as active ingredients in  
10 solid or semi-solid pharmaceutical formulations CEI salts can be expected to possess physical properties similar to other kinds of tertiary amine pharmacologically active agents, such as, for example, synthetic anti-muscarinic agents (clinidium salts, hyoscine methobromide, orphenadrine  
15 hydrochloride); information in respect of formulation techniques for such anti-muscarinic agents thus is useful in carrying out the present invention (for references, see: Martindale, *The Clinical Pharmacopeia*, 29th Ed., The Pharmaceutical Press, London 1989.

20 It is also possible to administer the compounds according to the invention by the peroral route in a way in which CEI-absorption will be directed to the gastro-intestinal tract. Appropriate formulations for this variant are also found in  
25 the aforementioned publications.

If a choline esterase inhibitor with a short or medium-length pharmacological half-life is used according to this invention, it is desirable to design an oral, buccal or  
30 sublingual pharmaceutical formulation for sustained release of the CEI in order to avoid the need for frequent administration which would be particularly difficult during sleep.

A solution for this problem is the fixation, at least for a certain period of time, of a formulation containing the CEI in or near the sublingual region. This can be effected, for instance, by attaching a tablet, lozenge, a slow release  
5 formulation or similar to a holding means which is in turn fixed at one or several teeth of the lower jaw.

EP 0 230 294 A2 discloses a useful drug applicator intended for application of medicaments in the buccal region; it has the shape of a hollow body externally similar to the crown  
10 of one or several teeth. The holder is provided with buccally or lingually disposed orifices and can hold a medicament. Saliva passing into the holder through the orifices dissolves the medicament which is thus slowly dispensed into the appropriate portion of the oral cavity.  
15 Another apparatus for trans-mucosal administration is described in US 5,122,127 (Stanley).

It is also possible to incorporate the compound of the invention in polymer matrix, biodegradable or not, from  
20 which it could leak slowly into the oral cavity. Appropriate technology for producing biodegradable polyester matrices of the polylactide/polyglycolide type for incorporation and sustained release of pharmacologically active compounds is described in, for instance, L A Sanders et al., J.  
25 Pharmaceutical Sci. 75 (1986) 356-360, and in the U.S. Patent No. 3,773,919 (Boswell). Non-degradable polymers of appropriate physical properties can also be used as matrices.

30 Other devices of absorbing material specifically designed for this purpose such as sponges, non-woven inlays, pieces of woven tissue, felt or other absorbent material useful for slow-release purposes of the compounds according to the

invention may be placed under the tongue thus restraining their displacement, or may be fixed to a mandibular dental frame in a buccal or a frontal position. The size and shape of these absorbing devices should be adapted to decrease the risk of displacement and to minimize discomfort. Such adaptation is also necessary to avoid accidental swallowing or aspiration of the device containing the drug. A device of this sort designed for slow release will extend the potential effect of the drug over periods beyond those limited by the basic pharmacokinetic properties of the agent, thereby maximizing efficiency and duration of treatment which can be extended to cover the entire sleeping period. Where applicable, choline esterase inhibitors may be used in the form of their racemates or as substantially pure enantiomers. Parenteral administration of the CEI according to the invention is also feasible.

The amount of CEI to be administered for treatment of RLS/PLMS will vary depending on factors such as the particular chemical nature of the inhibitor used, the route of administration, the release profile of the formulation into which it is incorporated, the severity of the disease, individual pharmacokinetic and pharmacodynamic properties as well as the status of the patient. For instance, the dose range for peroral administration of donepezil will be in the interval from 0.5 to 30 mg per 24 hours. Normally, an amount of from 2 to 15 mg of donepezil is envisaged as the normal range used for a peroral administration. The appropriate dose range for a particular compound can be determined by titration in routine experiments.

In addition to the methods of administration of the compounds of the invention mentioned above also parenteral,

intranasal, and rectal administration is useful, as well as administration by inhalation or transdermal administration. The CEI according to the invention can also be effectively administered by inhalation, such as inhalation via the mouth or via the nose but also by, for instance, a nasal spray. The nasal mucosa is easily accessible by use of extra- or intranasal devices, the later ones appropriately shaped and designed similarly to what has been described above for intraoral and sublingual administration. The transdermal formulation is specifically advantageous in regard of simplicity and from a patient comfort standpoint. In this case, the agent is applied to the skin in form of a viscous ointment or similar. Transdermal administration systems (patches provided with a liquid or semi-liquid pharmaceutical composition) for controlled drug delivery through the skin are well known in the art, for instance for the administration of nicotine and drugs used for diseases of the circulatory system.

The timing of the administration of the composition and/or device comprising the choline esterase inhibiting compound according to the invention will depend on the particular compound, its rate of absorption through the mucosa or the skin, the release profile of the respective sustained release formulation and/or device, if used, and similar. Typically, administration of the CEI will, in the majority of cases, have to start in advance of the sleeping period to achieve optimal effect, for instance 10 minutes to 3 hours prior to the onset of sleep.

The CEI according to the invention may also be combined, in one and the same pharmaceutical preparation, with other pharmacologically active compounds useful in the treatment of RLS/PLMS. The choline esterase inhibitors according to

the invention may also be used for diagnosing RLS/PLMS to dissociate them from other types of sleep disorders. The diagnostic method according to the invention comprises administration to the patient a CEI in increasing amounts  
5 prior to or during a series of sleep episodes; administration can be in single or multiple doses. The observation of a reduction of the severity and/or number of RLS/PLMS events or episodes or reduced daytime sleep complaints is indicative of the presence of RLS/PLMS.

10

The invention will now be explained in more detail by reference to a preferred but not limiting embodiment illustrated by a single figure (Fig. 1) showing placebo versus donepezil effect in each of the patients.

15

Double-blind, placebo controlled parallel group study with donepezil. In a double-blind, placebo controlled parallel study with the CEI donepezil we studied 9 patients with light to moderate RLS/PMLS (PLM index, PLMI = 3-17).  
20 Donepezil (5mg once daily, evening dose for 21 days) resulted in a mean reduction of PLMI from 8.3 to 5.3 (approximately 36%). Marked reduction of PLMI was seen in 5 patients (reduction 57-100%), minor change in 3 patients while one patient increased PLMI from the first to the  
25 second study night. There was no significant change in total sleep time after treatment while the proportion of rapid eye movement sleep increased with approximately 30% after treatment. No side effects were reported during the study period.

30

This study demonstrates a potent reduction of PLMI of a CEI agent in patients with RLS/PLMS. Moreover, the study is suggestive of an expected REM sleep promoting effect of CEI.

The study of RLS/PLMS in animal models or in healthy persons may lack reference for patients in which acetylcholine related dysfunction is acquired or genetically determined.

5 Combination therapy. It is known that CEI have other effects, in particular systemic effects, than those desired in the context of the present invention. These effects are chiefly due to excessive cholinergic stimulation and include increased salivation, nausea and vomiting, abdominal spasms,  
10 muscle cramps, bradycardia, increased bronchial secretion, and diarrhea. It is within the scope of the present invention to counteract a specific side effect of this kind by administration of an agent known in the art to be effective in its suppression, for instance an anti-diarrheal  
15 agent, such as loperamide hydrochloride, in case of diarrhea, or an anti-vomiting agent, such as domperidone, in the case of nausea and vomiting. Another frequently reported side effect of CEI treatment is insomnia and other sleep disturbances. This effect may be overcome by combining the  
20 CEI with one or more out of a number of hypnotic agents including, but not limited to, benzodiazepines, zopiclon, zaleplon and zolpidem. This combination may also offer other advantageous effects in the treatment of RLS/PLMS (see below).

25 An improved or additive effect of administration of CEI according to the invention can be expected when the medicine is given in combination with an agent known to reduce RLS/PLMS such as carbamazepine, clonidine and baclofen which  
30 have been shown to be effective in sporadic reports. Similarly, modifiers of the arousal threshold including, but not limited to, benzodiazepines, zopiclon, zaleplon and zolpidem, and phenothiazines, as well as opioid agents and dopaminergic agents, for instance L-dopa and bromocriptine



can also be combined with a CEI. Recognizing that the agents mentioned above do not exert their effects via a primary reaction with the cholinergic system it is within the scope of the present invention to formulate combinations with a  
5 CEI in order to treat RLS/PLMS.

For the administration of the CEI in combination with carbamazepine, clonidine, baclofen, a hypnotic agent, an opioid agonist or a dopaminergic agent, a pharmaceutical  
10 composition containing both of them can be used or they can be administered in separate pharmaceutical compositions simultaneously or consecutively. Consecutive administration is preferred for pharmacokinetic reasons, such as proper  
15 timing of the onset of effect caused by the respective agent. For this purpose sustained or delayed release combinations are preferred.

## C l a i m s

1. A method for treating or preventing the Restless Legs Syndrome (RLS) and/or Periodic Limb Movements During Sleep  
5 (PLMS) comprising administration to a patient of a therapeutically effective amount of a choline esterase inhibitor (CEI).
2. The method of claim 1, wherein administration precedes  
10 the onset of sleep at night by from zero to three hours.
3. The method of claim 1 or 2, wherein a substantial portion of the time period during which the choline esterase inhibitor exerts therapeutic effect coincides with a sleep  
15 period of the patient, in particular a period of sleep at night.
4. The method of claim 3, wherein said substantial period comprises 50% or more of the total time period of  
20 pharmacological effect upon administration of a single dose of the choline esterase inhibitor.
5. The method of any of claims 1 to 4, wherein said CEI is selected from synstigmine, neostigmine, physostigmine,  
25 pyridostigmine, ambenon (ambenonium), distigmine, idebenone, besipyridine, demecarium, edrophonium, tacrine (9-amino-1,2,3,4- tetrahydroacridine), metrifonate and ecothiopate, eptastigmine, tetrahydrobenzazepine and its alkylcarbamate derivatives, amiridine, linopidine, ENA-713, velnacrine, C1-  
30 INH, thiabendazole, mitezol, 3,4- diaminopyridine, eseridine and galantamine, rivastigmine, 2,2-dichlorovinyl dimethyl phosphate (DVDP), including pharmaceutically acceptable salts thereof.

6. The method of any of claims 1 to 5, wherein said CEI is administered perorally for gastrointestinal absorption.
7. The method of any of claims 1 to 5, wherein said CEI is  
5 administered perorally for sublingual and/or buccal absorption.
8. The method of any of claims 1 to 7, wherein said CEI is galantamine and/or a pharmaceutically acceptable salt  
10 thereof.
9. The method of any of claims 1 to 8, wherein said CEI is administered in a form of a composition for controlled release or in form of a device for controlled release.  
15
10. The method of any of claims 1 to 8, wherein said CEI is administered in a form of an ointment or similar for transdermal absorption, preferably in combination with a protective patch.  
20
11. The method of any of claims 1 to 10, wherein said CEI is administered in a dose from 0.1 to 2.500 mg in regard of one major sleeping period, such as a sleeping period of 4 hrs or more.  
25
12. The method of any of claims 1 to 11, comprising the concomitant and/or consecutive administration of a therapeutically effective dose of a sleep promoting agent selected from benzodiazepines, zaleplon, zolpidem, zopiclon  
30 or other agent interacting with the benzodiazepin receptor complex, phenothiazines, and antihistamines.
13. The method of any of claims 1 to 11, comprising the concomitant and/or consecutive administration of a

therapeutically effective dose of an agent selected from carbamazepin and carbamazepin like agents, baclofen and other GABA receptor agonists, agents which enhance GABA transmission, clonidine, and other central alpha receptor agonists, opioid agonists, and dopaminergic agonists.

14. Use of an acetyl choline esterase inhibitor (CEI) for the manufacture of a device, kit or composition for the diagnosis of the Restless Legs Syndrome (RLS).

10

15. Use of an acetyl choline esterase inhibitor (CEI) for the manufacture of a device, kit or composition for the diagnosis of the Periodic Limb Movements During Sleep (PLMS).

15

16. Use of an acetyl choline esterase inhibitor (CEI) for the manufacture of a medicament for treatment or prevention of the Restless Legs Syndrome (RLS).

20 17. Use of an acetyl choline esterase inhibitor (CEI) for the manufacture of a medicament for treatment or prevention of the Periodic Limb Movements During Sleep (PLMS).

25 18. A method for treating or preventing the Restless Legs Syndrome (RLS) and/or Periodic Limb Movements During Sleep (PLMS) comprising administration to a patient of a therapeutically effective amount of a choline esterase inhibitor (CEI) in combination with one or several of carbamazepine, clonidine, baclofen, hypnotic agent, opioid agonist, and dopaminergic agonist.

30

19. Use of an acetyl choline esterase inhibitor (CEI) and one or several members of the group consisting of carbamazepine, clonidine, baclofen, hypnotic agent, opioid

agonist, and dopaminergic agonist for the manufacture of a medicament for treatment or prevention of the Periodic Limb Movements During Sleep (PLMS).

- 5 20. Use of an acetyl choline esterase inhibitor (CEI) and one or several members of the group consisting of carbamazepine, clonidine, baclofen, hypnotic agent, opioid agonist, and dopaminergic agonist for the manufacture of a medicament for treatment or prevention of the Restless Legs  
10 Syndrome (RLS).

21. The use of any of claims 14, 15, 16, 17, 19, 20, wherein the composition is a sustained and/or delayed release composition.

## INTERNATIONAL SEARCH REPORT

International application No.

PCT/SE 99/01979

## A. CLASSIFICATION OF SUBJECT MATTER

IPC7: A61K 45/06, A61K 31/395

According to International Patent Classification (IPC) or to both national classification and IPC

## B. FIELDS SEARCHED

Minimum documentation searched (classification system followed by classification symbols)

IPC7: A61K

Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched

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## C. DOCUMENTS CONSIDERED TO BE RELEVANT

Category*	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
A	WO 9831362 A1 (PHARMACIA & UPJOHN COMPANY), 23 July 1998 (23.07.98) --	1-21
A	WO 9815267 A1 (WILLIS, GREGORY, LYNN), 16 April 1998 (16.04.98), claims --	1-21
A	Dialog Information Service, File 5, Biosis Previews, Dialog accession no. 11271418, Biosis no. 199800052750, Silber Michael H et al: "Pergolide in the management of restless legs syndrome: An extended study"; & Sleep (rochester) 20 (10):p878-882 Oct., 1997 --	1-21



Further documents are listed in the continuation of Box C.



See patent family annex.

\* Special categories of cited documents:

- "A" document defining the general state of the art which is not considered to be of particular relevance
- "E" earlier document but published on or after the international filing date
- "L" document which may throw doubts on priority claim(s) or which is cited to establish the publication date of another citation or other special reason (as specified)
- "O" document referring to an oral disclosure, use, exhibition or other means
- "P" document published prior to the international filing date but later than the priority date claimed

"T"

later document published after the international filing date or priority date and not in conflict with the application but cited to understand the principle or theory underlying the invention

"X"

document of particular relevance: the claimed invention cannot be considered novel or cannot be considered to involve an inventive step when the document is taken alone

"Y"

document of particular relevance: the claimed invention cannot be considered to involve an inventive step when the document is combined with one or more other such documents, such combination being obvious to a person skilled in the art

"&amp;"

document member of the same patent family

Date of the actual completion of the international search

8 March 2000

Date of mailing of the international search report

10-03-2000

Name and mailing address of the ISA

Swedish Patent Office  
Box 5055, S-102 42 STOCKHOLM  
Facsimile No. +46 8 666 02 86

Authorized officer

Anneli Jönsson / MR  
Telephone No. +46 8 782 25 00

## INTERNATIONAL SEARCH REPORT

International application No.

PCT/SE 99/01979

## C (Continuation). DOCUMENTS CONSIDERED TO BE RELEVANT

Category*	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
A	<p>Dialog Inforamtion Service, file 73, EMBASE,  Dialog accession no. 07488355, EMBASE accession  no. 1998280298, Dr. M. Oechsner et al: "Idiopathic  Restless Legs Syndrome: Combination therapy with  levodopa and ropinirole", &amp; Aktuelle Neurologie  (ATUEL. NEUROL.) (Germany) 1998, 25/5 (190-192)</p> <p>--</p>	1-21
A	<p>Dialog Inforamtion Service, file 73, EMBASE,  Dialog acceccion no. 05854145, EMBASE accession  no. 1994262109, Zoe A. et al: "High-dose clonidine  in a case of restless legs syndrome"; &amp; Annals of  Pharmacotherapy (ANN. PHARMACOTHER.) (united States)  1994, 28/7-8 (878-881)</p> <p>--</p>	1-21
A	<p>Dialog Inforamtion Service, file 73, EMBASE,  Dialog accession no. 01789295, EMBASE accession  no.1981224248, Read D.J. et al: "Clonazepam:  effective treatment for restless legs syndrome  in uraemia"; &amp; British Medical Journal (BR. MED. J.)  (United Kingdom) 1981, 283/6296 (885-886)</p> <p>--  -----</p>	1-21

# INTERNATIONAL SEARCH REPORT

International application No.  
**PCT/SE99/01979**

## Box I Observations where certain claims were found unsearchable (Continuation of item 1 of first sheet)

This international search report has not been established in respect of certain claims under Article 17(2)(a) for the following reasons:

1. ☒ Claims Nos.: **1-13, 18**  
because they relate to subject matter not required to be searched by this Authority, namely:  
**see extra sheet**
2. ☐ Claims Nos.:  
because they relate to parts of the international application that do not comply with the prescribed requirements to such an extent that no meaningful international search can be carried out, specifically:

## Box II Observations where unity of invention is lacking (Continuation of item 2 of first sheet)

This International Searching Authority found multiple inventions in this international application, as follows:

1. ☐ As all required additional search fees were timely paid by the applicant, this international search report covers all searchable claims.
2. ☐ As all searchable claims could be searched without effort justifying an additional fee, this Authority did not invite payment of any additional fee.
3. ☐ As only some of the required additional search fees were timely paid by the applicant, this international search report covers only those claims for which fees were paid, specifically claims Nos.:
4. ☐ No required additional search fees were timely paid by the applicant. Consequently, this international search report is restricted to the invention first mentioned in the claims: it is covered by claims Nos.:

Remark on Protest

- ☐ The additional search fees were accompanied by the applicant's protest.  
☐ No protest accompanied the payment of additional search fees.



# INTERNATIONAL SEARCH REPORT

International application No.  
**PCT/SE99/01979**

Remark: Claims 1-13, 18 are directed to methods of treatment of the human or animal body by surgery or by therapy/diagnostic methods practised on the human or animal body/Rule 39.1(iv). Nevertheless, a search has been executed for these claims. The search has been based on the alleged effects of the compounds/compositions.

**INTERNATIONAL SEARCH REPORT**  
Information on patent family members

02/12/99

International application No.

PCT/SE 99/01979

Patent document cited in search report	Publication date	Patent family member(s)	Publication date
WO 9831362 A1	23/07/98	AU 6016898 A	07/08/98
		DE 19701619 A	23/07/98
		NO 993360 A	07/07/99
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WO 9815267 A1	16/04/98	AU 4372597 A	05/05/98
		AU P0274596 D	00/00/00
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